South Shore Schools Plus

Notes: Burris

Municipal Alcohol Project

The Municipal Alcohol Project (Town of Bridgewater and Municipality of the District of Lunenburg) invited SchoolsPlus and youth to attend a community forum "Together We Can" held January 23 at the Bridgewater Fire Hall from 9-3. Several speakers reviewed the background and progress of the work, locally and in province, promising practices, and directions. We participated in table discussions for purpose of input around identification of community policy / advocacy priorities. Next steps will see significant invitation to youth, as well as focus on other important goals.

The following was noted in the report:

- While planning for YAP is still in the early stages, the following provisional considerations have been identified to help shape and guide the project:
- The initiative should be 'youth led', with the adult members of the Action Team serving as facilitators and mentors.
- There should be a diverse cross-section of youth involved ranging from youth leaders to youth who may be typically perceived to be, or who may see themselves as, marginalized, at risk or underrepresented. The target group will be youth in grades 9 to 11 (or equivalent age).
- The first step is to identify suitable youth and to engage them in the initiative. An initial meeting/planning-session with youth participation is tentatively scheduled to occur the third week of May 2015.
- The MAP Committee will provide information and ongoing guidance to youth involved in YAP to help them understand, and focus their efforts on, effective approaches and strategies to achieve positive health, social and economic benefits related to alcohol use and population health.

A meeting was held at Bridgewater Fire Hall 26 March to continue

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sub-committee discussions.

The following overview is informative:

Lunenburg County 'Youth Alcohol Project' (YAP)
An Initiative of the Lunenburg County
Municipal Alcohol Project (MAP) Committee

Overview:

- The Lunenburg County Municipal Alcohol Project (MAP) is an undertaking of many community partners concerned about the harmful use of alcohol and its impact on individuals, families and the community as a whole. Through focused advocacy and healthy public policy measures, the MAP Committee seeks to minimize risks and harms and to shift the culture of alcohol use at the community level.
- The MAP Committee has identified Youth Engagement as a key priority (see Highlights Report of 'Together We Can' Community Forum, 2015). The MAP Committee has struck an Action Team to develop and implement action plans for this priority specifically by planning and implementing the Lunenburg County Youth Alcohol Project (YAP), and wishes to recruit youth members for the Action Team/YAP. To this end, the MAP Committee respectfully requests the assistance of schools and youth-focused organizations to identify suitable youth members, and to encourage and facilitate their involvement over time.
- While planning for YAP is still in the early stages, the following provisional considerations have been identified to help shape and guide the project:
 - The initiative should be 'youth led', with the adult members of the Action Team serving as facilitators and mentors.
 - There should be a diverse cross-section of youth involved ranging from youth leaders to youth who may be typically perceived to be, or who may see themselves as, marginalized, at risk or underrepresented. The target group will be youth in grades 9 to 11 (or equivalent age).
 - The first step is to identify suitable youth and to engage them in the initiative. An initial meeting/planning-session with youth participation is tentatively scheduled to occur the third week of May 2015.
 - The MAP Committee will provide information and ongoing guidance to youth involved in YAP to help them understand, and focus their efforts on, effective approaches and strategies to achieve positive health, social and economic benefits related to alcohol use and population health.

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Restorative Approaches

- Shirley followed up a letter of information from Darren Haley and Richard Derible with schools to confirm their needs / planning / requests for ongoing RA involvement / training. A number of pilot schools have responded Shirley chatted with Richard Derible, Justice, and provincial lead for Restorative Approaches in Schools.
- YOUTH Richard has kindly agreed to provide the following formal training in conflict resolution for youth:
 - o Bridgewater Queens YAC has a Restorative Approaches goal this year, and has been engaging in workshops to learn the fundamentals of RA. Richard Derible (Justice, Lead: Restorative Approaches in the Schools NS) has provided workshops and guidance to this group, and has agreed to formal training day for youth in conflict resolution. The goal, in addition to learning framework and strategies, will be to return to their schools and be supported in engaging in appropriate peer resolution events / situations / problem solving, and the engage as leaders in this respect in their schools with the support of administration and staff.
 - BWQ YAC have looked forward to this training for some time and wish to invite others to this opportunity, including:

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- 1. youth at Lunenburg County YAC who wish to follow up with the work at their schools (some of whom have already signed up) as it is a support to their violence, sexual harassment and abuse prevention, and substance awareness goals
- 2. Youth at FHCS who are, under the guidance of Ray Johnson and Lindsay Welsford and their excellent RA team there, engaging in learning and applying the strategies among peers. Thanks to Miles Page for his leadership support to the youth and staff.
- 3. Richard will be inviting youth from some other areas of Nova Scotia to take part.

The event will be held on Thursday, 30 April, at Bridgewater Jr., Sr. High, by kind hospitality of principal there (thanks). The formal area for the day will be the library, with the adjoining SchoolsPlus Community room being used for lunch. To allow for wide transportation needs, the day will formally begin at 10. Since there is an eight hour component to the training, Shirley is willing to provide preliminary training to the YAC groups and to youth at FHCS.

RCMP / SchoolsPlus YAC

On March 6 Braden Newell and Katherine Eisnor of YAC attended Aspotogtan Consolidated Elementary School along with Cst FRANCIS for a planned "Pink Day. Standing up to Bullying". In total 3

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Presentations were completed from Grades Primary to 3. Below is a photo of all who participated (Picture can be released).

YAC will be meeting in the coming week and plan to discuss some new initiatives for the upcoming year. Some new initiatives include focusing on CyberCrime (Child Luring), Sexual Harassment (Consent Vs Coercion).



BWQSP YAC

Bridgewater / Queens BPD SchoolsPlus YAC held their YAC meeting on 13 March. Members received certificates from the basic training and circles workshop we undertook last month.

We practiced general conflict resolution work.

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Due to weather and respect for travel for our members, we cancelled the January meeting. In February, we called a meeting, but due to snow and exams members could not attend.

We planned the April training and also media constructs and projects for April and May in preparation for the Big Ex.

South Shore Community Justice

In addition to support with the Hybrid Hubs, South Shore
Community Justice has provided two Voices groups at BJSHS for
young women. As well – it sponsors the FHCS group held each
Monday with Charlene Flint at FHCS.

Community Justice has been supporting our inter-agency tables and some Youth Advisory work as well. Thanks!

Name the Shame Project







Girls' Power and Strength camp is being
planned by Paula Davison, Sarah Haughn, Charlene Flint, and
Sharon Brown, and Shirley Burris, supported by other
SchoolsPlus Community Outreach workers and our interns,
Erica Langille, Holland College and Cassidee Kempton, NSCC.

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The camp is also supported by our partners Lunenburg County RCMP. It will be held at Brigadoon 25/26 May (overnight) and will involve young women from all Jr. / Sr. high schools in the board. SchoolsPlus and RCMP jointly support the event and thanks to the SchoolsPlus Community Outreach workers at each school, coordination, transportation, and some youth / adult facilitation of workshops take place. Registration forms will be available soon.

•



- Orient Survive Excel Boys' Off the Grid camp is being planned by Dave Brennan and Ryan Sperry, and Shirley Burris, with support from other SchoolsPlus Community Outreach workers and interns, Erica Langille, Holland College and Cassidee Kempton, NSCC. The camp will take place as three day camps, location and dates to be announced.
- Shirley has contacted the Big Ex, and we will be preparing to march (Lun RCMP / SchoolsPlus YAC and BWQ YAC) as well as having a booth.
- Some YAC activity will focus on harassment and abuse from a cyber perspective.

Hybrid Hub Model

The Queens Hybrid Hub (SchoolsPlus, Queens RCMP, and

South Shore SchoolsPlus

	Community Justice) had been working with a youth, however since
	last posting; this youth has selected to choose an alternate path. A
	new candidate is being considered at this point.
	Constable Rod Francis and Constable Angels MacEachern will
	-
	undertake training for the HUB in Lunenburg County as soon as it
	becomes available. Sever candidates will be considered for this
	service.
Incredible Years	
Program	Several SchoolsPlus team members will take Incredible Years
	training in April, through the kind sponsorship of IWK. Other team
	members are on a waiting list.
	ŭ
SASLQ	English Codh alana an airead Comadh Dallani Hadadh
	- Excellent feedback was received form the Dr. Lori Haskell
	workshop provided for the public in late February. Shirley Burris
	and Beth MacInnis had an opportunity to see Dr. Haskell earlier
	in the year and found the experience to be very informative.
	SchoolsPlus Community Outreach workers attended in February,
	and found very positive outcomes.
	- Shirley attended a SASLQ meeting on 24 March, where partner
	protocol developments were reviewed.
	- Shirley and intern Erica Langille attended the Restorative Legal
	system presentation on the evening of 24 January. The following

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presenters / panelists spoke and facilitated table discussions:

- Jennifer Llewellyn Viscount Bennett Professor of Law at the Schulich School of Law at Dalhousie University in Halifax, Nova Scotia; Director of the Nova Scotia Restorative Justice Community University Research Alliance (NSRJ-CURA) a collaborative research partnership between university and community partners focused on the institutionalization of restorative justice with particular attention to the example of the Nova Scotia Restorative Justice Program; currently facilitating the design process for a restorative public inquiry into the Home for Colored Children and previously advised the Assembly of First Nations and Canadian Truth and Reconciliation Commission on the response to Residential School abuse.
- She has worked extensively in the field internationally including with the South African Truth and Reconciliation Commission, the Jamaican government, the government of New Zealand and the United Nations. She recently co-edited two books in the area: Being Relational: Reflections on Relational Theory and Health Law (UBC Press) and Restorative Justice, Reconciliation and Peacebuilding (Oxford University Press). Last year she was invited to present her work on a restorative approach to peacebuilding at the World Summit of Nobel Laureates in Warsaw.

-E-mail: jennifer.llewellyn@dal.ca

PANELISTS

Tod Augusta-Scott, Director, Bridges Domestic Violence Institute

Tod has an MSW and is known internationally for his work with domestic violence, restorative approaches and narrative therapy. Over the last fifteen years he has published and presented his work internationally (Asia, Europe, British Isles, America) and presented in every province in Canada. He works in a community based abuse intervention program and with the Canadian Armed Forces. He has also taught in the Department of Social Work,

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Dalhousie University and is a guest speaker in classes on a regular basis. Tod is also on faculty at the Hincks-Delcrest International Training centre in Toronto.

He is the co-editor and contributor to the critically acclaimed book *Narrative Therapy: Making Meaning, Making Lives* (Sage Publications, 2007). He has been interviewed for various publications including the *International Journal of Narrative Therapy* and the *Globe and Mail*. Tod is a regular reviewer for numerous academic journals. He has created a group manual for working with men who have abused that has been officially adopted by government departments in New Brunswick, Newfoundland and the Northwest Territories. He was awarded the Distinguished Service Award from the Canadian Association of Social Workers in 2013. He is currently working on a documentary on domestic violence and restorative justice entitled *A Better Man*.

E-mail: tod.augusta-scott@forces.gc.ca

Claudia Covalciuc Customary Law Case Worker, Mi'kmaw Legal Support Network

Claudia Covalciuc, B.A. (Honors), is a customary law caseworker with the Mi'kmaw Legal Support Network for the past two years. Claudia is very passionate and active about supporting people in the justice system. Prior to accepting this position Claudia attended Saint Mary's university, completing her honors thesis on Aboriginal Self-Governance. She is very proactive in her community. E-mail: ccovalciuc@mlsn.ca

Pat Gorham, Director of Policy and Strategic Initiatives, N.S. Advisory Council on the Status of

Women

Prior to this very enjoyable secondment to the Status of Women, Pat Gorham has been a justice worker for well over 25 years, both in community and government leadership roles, primary amongst which was developing and supporting the design and sustainable implementation of the Nova Scotia Restorative Justice Program, and acting as co-chair of the implementation of the provincial Domestic Violence Action Plan. In this current role, Pat has had the pleasure to be involved in a range of policy initiatives focused on women's

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Notes: Burris

safety, economic security, and leadership. E-mail: Patricia.Gorham@novascotia.ca

Sean Kelly, Director, Correctional Services of N.S.

Sean is responsible for Adult Correctional Facilities in the Province of Nova Scotia. Previously, he was the Superintendent of CNSCF and the former Halifax Correctional Centre in Lower Sackville. Following graduation with Bachelor of Arts and Education degrees, he started his career as a Correctional Officer in 1983. While employed in corrections, he completed a Bachelor of Social Work Degree. Following a short period as Youth Worker, he returned to adult corrections, assuming front line supervisory positions as Sergeant and Captain, and later held several administrative roles, as Deputy Superintendent, Security, and Superintendent. Mr. Kelly has had extensive experience in labour relations and collective bargaining and has worked closely with union representatives to create a culture of change and enhance organizational health within Correctional Services Division. E-mail: Sean.Kelly@novascotia.ca

Katherine McCarron, Executive Director, Harbour House Transition House

E-mail: ed@harbour-house.ca

Pamela S. Williams, Chief Judge of N.S. Provincial and Family Court,

Judge for N.S. Mental Health Court

Chief Judge Williams was appointed a judge of the Provincial and Family Courts of Nova Scotia in September 2003. She has presided over adult and youth criminal proceedings and occasional family court matters. Between October 2006 and August 2010, she was the primary Youth Court Judge in the Metro Youth Justice Court. Since then she has been the dedicated judge for the Nova Scotia Mental Health Court. She also presides in adult criminal court. On April 26th, 2011, she was appointed Associate Chief Judge of the Provincial and Family Court. Nearly two years later, on February 26, 2013, she was appointed Chief Judge of the Provincial and Family Court for the Province of Nova Scotia. Prior to her appointment, she was a staff lawyer with Nova Scotia Legal Aid for

South Shore SchoolsPlus

Notes: Burris

nearly 20 years. During that time, she represented adults and youth in the areas of family law and criminal law. She was also a legal advocate for the mentally ill who appeared before the Criminal Code Review Board.

E-mail: Anja Clyke, Assistant Anja.Clyke@novascotia.ca

With regrets from:

Lisa Teryl, Senior Legal Counsel, N.S. Human Rights Commission

E-mail: <u>Lisa.Teryl@novascotia.ca</u>

Pamela Harrison, Coordinator, Transition House Association of N.S.

Email: coordinator@thans.ca

Shirley Burris -

meetings, presentations, caseload and other Meetings and presentations, etc.:

- Youth and caseload support
- Roundtables and Intake assistance / home visits
- Complex case meetings
- Parent Supports
- Department of Ed SchoolsPlus Provincial Steering Committee (Monthly)
- SchoolsPlus Advisory Meeting
- Inter-agency
- Case conferences / debrief meetings
- Met with department committee developing TIENET guide
- Expansion planning and other planning meetings with Darren
 Haley
- Phone conferences / round-tables planning youth and families
- Caseload duties

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•	Presentation to Dr. JC Wickwire Academy staff
•	Lunenburg County RCMP / SchoolsPlus YAC
	Municipal Alcohol Project (town of Bridgewater and
	Municipality of the District of Lunenburg) and
	Youth Alcohol Project planning meetings
	Sexual Assault Training with SASLQ for SchoolsPlus Facilitator
	and team with other agency representatives
	Restorative Legal System panel discussions and presentation
	Budget and planning prep, meetings, and reports
	Lighthouse grant report
	Attendance Pilot Committee meeting
	CAYN
	Staff evaluation
	Intern Orientation and planning
Upcoming:	
•	April Inter- agency meetings (Chester 8th / Queens 21st /
	Bridgewater 23rd/ New Germany7th / possibly North Queens)
•	9 April – Advisory Meeting SSRSB
	10 April – provincial DoEEC meeting
	13-14-15 April Incredible Years' training
	20 April – Grant writing meeting
	Planning meetings Education / Health
	Restorative Approaches planning
	Presentation 23 rd – United Church (to be confirmed)

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- 24 April SchoolsPlus Team meeting
- Continue Intern placements
- 30 April youth training Conflict Resolution 10 4 PM at BJSHS
- May inter-agency meetings
- 1 May SchoolsPlus Outreach provincial PD
- 8 May BWQ YAC meeting BISHS
- 11 May Lun RCMP / SchoolsPlus YAC
- YAC provincial networking meeting
- 14May SchoolsPlus Advisory meeting Queens
- 19 May tentative collaborative planning day
- 25/26 May overnight GPS girls' camp Brigadoon (SchoolsPlus,
 RCMP Name the Shame Project Crime Prevention)
- 27 May annual meeting of the SchoolsPlus Facilitators and School Board Coordinators, and School MH Clinicians and their Managers
- 28 May MAP Committee Meeting
- June Off the Grid boys' camp (three day camps) (SchoolsPlus,
 RCMP, Crime Prevention partners)
- 12 June BWQ YAC meeting BJSHS
- Monthly meetings (Advisory / provincial, inter-agency, etc.)
- Summer program planning
- July Camp details to be announced (SchoolsPlus / Lunenburg County RCMP)
- July Big Ex parade and booth for both YAC groups
- August Expansion activities

South Shore SchoolsPlus

Notes: Burris

Sarah Haughn
50% NQ and
Greenfield
(Teaching
remaining time)

In addition to client caseload and complex case follow-up:

- Options to Anger Wednesday Afternoons
- Supporting BWQYAC organize youth, and drive, and support Restorative Approaches - Organizing for YAC at NQCS
- Debriefing with facilitator
- Providing individual support for students
- Transporting youth and attending a Youth Advisory
 Committee Meeting
- Facilitating Friends for Life Program with grade 3 students,
 Thursday mornings at GES
- Meetings with Staff/Students/Families
- Mentoring interns
- OTG and GOS camp planning

Paula Davison Full Time BES, BJSHS, WNES, NGES, NGRHS

In addition to client caseload and complex case follow-up:

- Chill and Chat focus group continues at BJSHS we will meet March 6th, 13th, 20th and 27. The lunch chill and chats will run at noon at BJSHS on Fridays.
- Zones training with a parent from WNES, in the works to get a bigger group involved this month, will be looking at this in collaboration with guidance.
- Working with a child at BES on oppositional behavior strategies to support the team, working with him and the puppy and this is going

South Shore SchoolsPlus

Notes: Burris

really well.

- Transition project for two BES students who will be going to BJSHS
 next year and helping them to get use to the school through weekly
 visits and participating in projects at BJSHS. Every Tues lunch for 1.5
 hrs.
- Working with an elementary student on dealing with the death of his
 mother....with the assistance of the Art teacher we are making a stone
 heart for her grave, this is a very slow and gradual process as he can
 handle it.
- Starting a lunch Girls Chill and Chat at NGRHS Expected date to start was March 5th, will collaborate with Guidance. This is delayed due to storms and no planning time. We will try for an April start.
- Events for March Break: Girls Group went to Oak Island Inn March 16th and 17th, 5 girls for indoor and outdoor activities to celebrate friendship and self-esteem.
- March 18th 10am 2pm 6 boys for an outdoor adventure day at the Marc. Snowshoeing, tobogganing, lunch camp fire, board games. This was cancelled due to snow storm
- Collaborating with United Way to cover eye exam and glasses for a student at NGRHS will assist with transportation to accomplish goal.
- Two new referrals One intakes
- Two planning team meetings
- Two interagency meeting planned
- March 4th attending Mo Greens focus group at NGRHS on flavored
 Tobacco products and e cigarettes
- Planning with Guidance Counsellor, Pat Wentzell to develop Zones training for parents (NGES / WNES)
- March 27th BES Judging for Heritage Fair
- March 30th being shadowed by one of the SchoolsPlus interns. March

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	31st transporting a student to a doctor's appointment.
	Working with a student who is needing collaborative pregnancy supports
	• Chill and Chat focus group continues at BJSHS we will meet in April.
	The lunch chill and chats will run at noon at BJSHS on Fridays.
	Everything else stay for April
	Week of April 13th till April 17th I will be doing the Incredible Years in Halifax
	Two transition meetings scheduled.
	Two interagency meetings planned
	 Clothing supports students
	 Food supports families
	Self-esteem supports
	With Guidance doing restorative circles and restorative work
	around fitting in
	Debriefing with facilitator
	Attending Inter-agency meetings
	Dr. Lori Haskell Workshop - Trauma
Sharon Brown Full Time - All	In addition to client caseload and complex case follow-up:
South Queens schools	Attended staff meeting for Wickwire for a SP presentation
Schools	• Girls group activities and topics: stress, bullying, cyber bullying,
	healthy relationships, self-esteem ;we wrapped up on March 24 with
	a celebration and some simple, healthy food recipes and samples
	Trauma informed training with Dr. Haskell
	• Follow up meeting for student. School representatives, parent,

South Shore SchoolsPlus

	school psychologist and SP present	
	YAC meeting	
	• Outings with students over March Break - movies (MARC was	
	cancelled due to weather)	
	Interagency meeting	
	• Attend Spencer West presentation put on by RCH on March 27	
	Continued one-on-one meetings with students on caseload	
	 Continued support of parents/families 	
	Debriefing with facilitator	
	• Supporting BWQYAC – organize youth, and drive, and support	
	Restorative Approaches	
	Attending Inter-agency meetings	
	Continued community partner meetings to maintain and	
	strengthen connections within the community	
	 Informal meetings with students not on caseload; supporting 	
	school, teachers, guidance, admin and student body	
Ryan Sperry		
40% - New Ross (teaching	In addition to client caseload and complex case follow-up:	
remaining time)	• case notes and monthly reports	
	• Saturday March 21 took some of the younger youth to see a	
	family favourites movie in Bayers Lake which is only 2.99,	
	followed by arcade and lunch.	
	My other day I am planning to take youth bowling / mini-golf - stignities (Manch Breat)	
	activities (March Break)	
	Debriefing with facilitator	

South Shore SchoolsPlus

	Attending / supporting Inter agency meetings
	Attending / supporting Inter-agency meetings HODITONS PROGRAM
	HORIZONS PROGRAM
	 Horizons group working on personal qualities and values
	o After School group every Wednesday – horizons
	Program Activity
	o Horizons' Boys' group – Wednesdays following recess
	for one hour - Focusing on communicating with others,
	complimenting others, and how we talk and act may
	make others feel a certain way, personal qualities and
	values
	o Survival bracelets
	 Making key chains
	 After school activities
	o Biking
	 Making key chains
	o Sports
	 Mentoring youth leaders
	o Peer mentoring
Dave Brennan Full Time FHCS,	In addition to client caseload and complex case follow-up:
CAMS, CDES, ACES	Mentoring interns
TIGES	Attended Dr. Lori Haskell training – trauma
	Meets with interagency group monthly at FHCS
	Debriefed with facilitator.
	Ongoing collaboration with Ryan and Shirley - Horizons
	Program
	8

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Notes: Burris

•	March Break – snow activities and outings with youth
НО	PRIZONS PROGRAM
•	ACES every Friday
	o knitting
	o playing board games
	o hiking
•	CAMS every Thursday
	o Knitting,
	o hockey,
	o hiking,
	o dog obedience and
	o catching up on homework
•	CDES every Tuesday
	o dog obedience,
	o Lego,
	o gym time (hockey, basketball) and
	o board games
•	FHCS every Monday
	o Woodworking,
	o dog obedience,
	o overdue assignments,
	o and the Open Air Society (Open Air Society, partnered
	with Chester Rec, is after school on Tuesdays and
	involves youth from FHCS, CAMS, and soon, CDES)
•	Music program – supporting a youth in his attendance at Musical
	Friends (Dawn Harwood-Jones) on Mondays after school and off

site

South Shore SchoolsPlus

	 Wednesday is for whatever is needed and for any school needing Camera has been purchased and Horizons video will begin Boys' and girls' Options to Anger groups partnered with Community Justice and teaming with Charlene Flint, and with Mental Health
Charlene Flint FHCS (20%) (Remaining time with South Shore Community Justice)	 In addition to client caseload and complex case follow-up: Debriefing with facilitator Supporting Inter-agency meetings Evaluation activities with facilitator Supporting inter-agency Supporting services to young women / couples who are pregnant Voices program Monday second and third class with youth mentor / leader assisting Boys' and girls' Options to Anger groups through Community Justice and teaming with Dave Brennan and Mental Health Peer mentor support in Voices program – training mentors Training with Dr. Lori Haskell - Trauma