

# SLIPS, TRIPS AND FALLS AWARENESS!

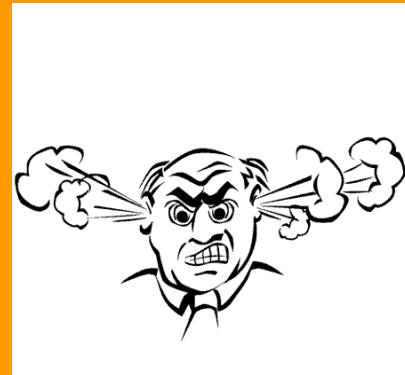


# Prevention Personal Factors!!!

Rushing



Frustration



Fatigue



Complacency





# Prevention Work Factors!!!

- Keep adequate supplies for snow and ice removal in readily accessible areas.
- Shovel, salt, sand as often as necessary to keep walking areas clean and dry - especially in the areas around the bus you need to access during pre-trip inspections.
- Bus Rest Spots may be properties not owned by the school board, but are still your work areas. You have the most control to ensure they are safely maintained.



# Prevention!!!

- Look for any obstacles, branches, rocks that may be a problem.
- If a bus resting spot is in a location where the terrain around the bus unavoidably rough, then it may not be a safe bus resting spot.
- Watch for areas where ice tends to form – for example where water runoff occurs that can cause an icy surface when temperatures dip.



# Prevention!!!

- Remove snow promptly so that it does not accumulate or freeze.
- Limit walking to the designated areas around the bus as much as possible. Avoid taking shortcuts over snow piles or in areas where snow and ice removal is not possible.
- Have adequate lighting to be able to see your walking path. If early morning or late daylight is a problem, have a portable light.



# Prevention!!!

- Wear shoes and boots that give the best traction on wet and slippery conditions.
- For snow, large treads are effective.
- For icy conditions, use strap-on or slip-on footwear that is designed to bite into ice, however you need to be careful as these can be dangerous if worn on certain floors.
- Low or high cut boots that support the ankle can assist by preventing ankle rollover.



# Prevention!!!

- Be cautious when entering buildings and schools.
- When entering a school or building, remove snow and water from your footwear – use the mats.
- Not everyone before you has used the mats, and there may be water beyond the mats on the floor from melted snow.



# Prevention!!!

- “Be cautious” usually means, be observant.
- Test the travel path for slickness by sliding your foot before putting your weight forward.
- Take shorter steps and keep your center of balance over your feet.
- Walk slowly, never run on snow or ice covered surfaces.





**KEEP  
CALM  
AND  
DON'T FALL  
DOWN**