

WINTER SLIPS, TRIPS AND FALLS AWARENESS!

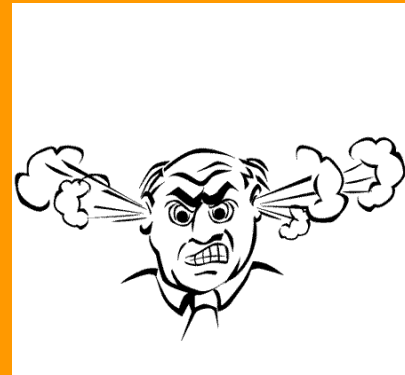


Prevention Personal Factors!!!

Rushing



Frustration



Fatigue



Complacency





Prevention Work Factors!!!

COMING AND GOING TO WORK

- Park in cleared, lit designated parking spots. Avoid convenience parking that may not be clear of snow or ice.
- Keep adequate supplies for snow and ice removal in readily accessible areas.
- Shovel, salt, sand as often as necessary to keep walking areas clean and dry



Prevention!!!

GOING OUTSIDE FOR GARBAGE OR TO OTHER BUILDINGS

- Use sand or salt well before going out, giving it time to work.
- Look for any obstacles, branches, rocks that may be a problem.
- Watch for areas where ice tends to form – for example where water runoff occurs that can cause an icy surface when temperatures dip.
- Use the provided Ice Grippers – keep in handy location.



Prevention!!!

- Limit walking to outside locations as much as possible. Plan ahead if the weather is forecast will be changing over shift.
- Avoid taking shortcuts over snow piles or in areas where snow and ice removal is not possible.
- Have adequate lighting to be able to see your walking path.



Prevention!!!

- Wear shoes and boots that give the best traction on wet and slippery conditions.
- For snow, large treads are effective. Low or high cut boots that support the ankle can help prevent ankle rollover.
- For icy conditions, use Ice Grippers that are designed to bite into ice, however you need to be careful as these can be dangerous on floors - remove right away when inside.



Prevention!!!

- Be cautious when entering buildings and schools.
- Avoid using entrances that are not matted.
- When entering a school or building, remove snow and water from your footwear – use the mats.
- Not everyone before you has used the mats, and there may be water beyond the mats on the floor from melted snow.



Prevention!!!

- “Be cautious” usually means, be observant.
- Test the travel path for slickness by sliding your foot before putting your weight forward.
- Take shorter steps and keep your center of balance over your feet.
- Walk slowly, never run on snow or ice covered surfaces.



**KEEP
CALM
AND
DON'T FALL
DOWN**