

SOUTH SHORE REGIONAL CENTRE FOR EDUCATION

Breakfast Program Review: September 2017 - June 2018

Congratulations

on another successful year of school
breakfast programs!



Breakfast helps prepare students for the classroom and for life.



456,000
breakfasts
were served this year

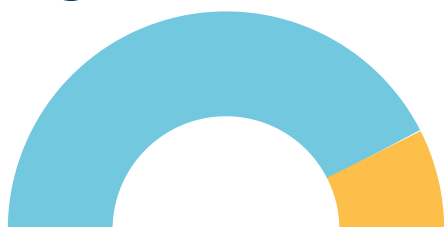


2,500
students were served
breakfast each day



100%
of schools served breakfast
five days per week

What do your Breakfast Programs look like?



85% Grab & Go

15% In-class Baskets

"Students are ready to learn and we know they are getting healthy options."
~ Principal

"Without our breakfast program, the majority of our students would go all day without food - it is detrimental to the health of our marginalized students."
~ Vice Principal

"Levels the playing field."
~ Principal

96% of schools serve fruit most days.
Next up veggies!



THANK YOU, VOLUNTEERS!

This year, 151 volunteers dedicated 6,360 hours towards feeding SSRCE students.



We got feedback!

Here are some of the needs that were identified:

- Cost saving resources and ideas
- Food delivery Services
- Volunteer recruitment and recognition strategies
- Promotional materials for the program and its benefits
- Education opportunities about healthy eating

We're busy working on more tools and resources to support you!

Check out nourishns.ca for more information