



Public Health

Public Health Notice to School Community COVID-19 associated with New Germany Rural High

May 4, 2021

Dear Parent/Guardian/Staff,

On May 1st, Public Health informed you of a confirmed case of COVID-19 at New Germany Rural High School, additional cases have been discovered through the investigation.

Due to the ongoing transmission of COVID-19 in the community, which may be connected to New Germany Rural High, Public Health is advising all students and staff to self-isolate immediately and arrange for a COVID-19 test.

A temporary testing site has been set up in your area to provide additional opportunities to get tested at **the Lunenburg Municipal Building, 210 Aberdeen Road, Bridgewater**. Please book your test online at <https://covid-self-assessment.novascotia.ca/en> or by calling 811 and identify yourself as being from New Germany Rural High. Appointments will be available to book at 10:30 a.m. on Wednesday, May 5th.

- Please **DO NOT** go directly to a COVID-19 pop-up rapid testing location.
- Getting tested for COVID-19 is **free**. If you have a health card, please have it ready when you book your testing appointment.
- You can walk, drive, bike or take a taxi to your appointment. Please **DO NOT** take the bus or ferry. If you need help with transportation, let us know when booking your appointment.

Instructions for after your test result:

- If your test result is **negative** you are no longer required to isolate. Even after a negative test you still have potential to develop symptoms and become infectious, meaning you could pass on COVID-19 to others, please continue to monitor yourself for symptoms.
- If your test result is **positive** you will be notified by Public Health directly.

Information on self-isolation:

- Stay home (you can go on your deck or balcony or in your yard, but you need to avoid contact with other people)
- Don't go to work, school or other public places
- Avoid contact with people you live with as much as possible
- Use a separate bedroom and bathroom, if you can
- Have groceries and other supplies delivered
- Avoid anyone with chronic conditions or a compromised immune system, and older adults
- Don't have visitors to your home
- Avoid taking public transportation (like a bus, ferry, or shuttle) if possible
- Don't use elevators or stairwells if you live in an apartment building (stay inside your unit)

More information on self-isolation is available at: <https://novascotia.ca/coronavirus/symptoms-and-testing/#self-isolate>

If you develop even mild symptoms during the 14 days following your last exposure to the virus, you must get re-tested immediately.

If you do not receive a separate letter and phone call, your child is NOT a close contact.

Up-to-date information about COVID-19 is available at novascotia.ca/coronavirus.

We are working closely with South Shore Regional Centre for Education and the school to make sure necessary measures are in place to protect students and staff. Your school will provide more details on the steps they are taking to limit the exposure.

Thank you for your cooperation,

Public Health, Nova Scotia Health